

# *EMERGENCY FIRST AID*

## *AT WORK*

Sunday 26<sup>th</sup> June 2016 9.30 am ~ 4.30 pm

### **7 hour HSE approved course Assessed by Trainer**

Course will cover

- Role of first aider
- Record keeping
- Equipment requirements
- Assessment of emergency
- CPR
- Administration of first aid techniques for common injuries i.e. shock, bleeding, choking & minor injuries, bruising, burns, scalds, cuts and grazes.



Each delegate will receive:

Interactive hands on CPR and other practical training

Easy to follow individual course booklet

Resuscitation face shield

**Cost of Course £60.00**

Fee payable at booking

To book your place please contact:

[Caroleyoung@handzontraining.co.uk](mailto:Caroleyoung@handzontraining.co.uk)

Spaces are limited.

Course will be held at First Floor, Electric House, Suttons Lane, Hornchurch, Essex

RM12 6RJ

Handz on Training, Therapy & Education Ltd