

Therapy Tuesday

Introductory workshops in



Indian Head Massage

Reflexology

Body Massage



These workshops are great for anyone who is looking to enter the world of complementary therapies, but not sure what therapy you prefer, also great as general interest or for personal use with friends and family.

Learn practical techniques and enjoy a relaxing treatment.

No need for any previous experience

Try one or all three

- **Reflexology**
- **Indian Head Massage**
- **Body Massage (Back/Neck/Shoulders)**

Attendance Certificate Awarded

Introduction to Reflexology

24th May 2016

14th June 2016

Introduction to Indian Head Massage

21st June 2016

5th July 2016

Introduction to Body Massage (Back/Neck/Shoulders)

7th June 2016

28th June 2016

Time: 9.30am ~ 2.30 pm

Course fee: £50.00 per person, per Workshop.

Special Discounts

- Book two places get 2nd person For ½ price.
- Book onto all three and get last Workshop for £25.00



First Floor, Electric House, Suttons Lane, Hornchurch Essex RM12 6RJ

Phone: 01708 452752 or email: caroleyoung@handzontraining.co.uk