

# Diploma in Reflexology



## Level 3



Reflexology is a wonderful holistic therapy, which is based on the principle that the feet and hands mirror the body. The theory is that reflexology helps the body to restore its balance naturally.

Learn how to provide this lovely holistic therapy and become a professional reflexologist.

We can offer a full diploma course for those new to complementary therapies or a reflexology unit only for those therapists who wish to add to their skills and already hold a current Anatomy & physiology qualification at level 3.

Our courses are fully recognised by the Association of Reflexologists and successful learners may apply for membership.

## Course Content

### You will learn

- Anatomy, physiology and pathology
- History and theory of Reflexology
- Reflexology techniques
- Business set up
- Health, safety & Hygiene
- Functional skills development.

For each unit you will perform practical skills, submit course work and sit end of unit external exams set by awarding body.

You will also be required to complete 100 hours of practical study, which includes case studies in order to achieve the full qualification.

Course Venue  
19 Ceme Innovation Centre  
Marsh Way  
Rainham  
Essex  
RM13 8EU